

# LIFEGUARD COURSE

MAY 3-MAY 15, 2010



## PREREQUISITES

- Must be at least 16 years of age (parental consent for those under 18)
  - 500 yard continuous swim
  - Long, shallow front dive
- Surface dive head-first & feet first

## CERTIFICATIONS INCLUDE

YMCA Lifeguard

First Aid

CPR-PRO

AED

Oxygen

100% attendance is required to receive certification

**BEAUMONT CENTRE  
FAMILY YMCA**

**MEMBERS: \$150  
NON-MEMBERS: \$195**

**For More Information  
Contact:  
Beth Satterfield,  
Aquatics Director  
859.219.9622**

## CLASS SCHEDULE

MAY 3	6:00-10:00 PM
MAY 5	6:00-10:00 PM
MAY 6	6:00-10:00 PM (FIRST AID)
MAY 8	9:00-4:00 PM (CPR)
MAY 10	6:00-10:00 PM
MAY 12	6:00-10:00 PM
MAY 14	6:00-10:00 PM
MAY 15	12:00-6:00 PM

**YAQUATICS™**

We build strong kids, strong families, strong communities.