



WELCOME TO THE Y FAMILY!

By becoming a member of the Y, you have joined a worldwide fellowship of people of many ages, genders, races and abilities dedicated not only to health, but also to uplifting the human spirit. It is this worldwide community spirit that makes membership in the Y unique and it is this spirit that binds us to our mission to serve all people. One of our goals at the Y is to not exclude anyone because of an inability to pay. We offer financial assistance to individuals and families so that Y programs are accessible to every person in our community. Lives are impacted every day through Y community outreach, thanks to the generosity of our members and donors who support us through our annual campaign.

This sheet contains some basic information about your membership and our policies, but please do not hesitate to contact any of our staff with your questions.

Membership Card: Your membership card is a very valuable and important part of your Y membership. Photo ID must be presented to pick up new cards. Proper use of membership cards ensures the use of Y facilities only by you and other members. Your membership card is for your use ONLY. Therefore, please scan your card every time you visit the Y. If you forget your card, a Member Services employee will confirm your membership status. Lost or damaged cards may be replaced for a fee of \$3.00. Any member that allows another person to use his or her membership card will have his or her membership revoked.

Membership Options

Membership Changes

Please complete and submit a Change of Information form to keep the YMCA up to date on address, phone or name changes. If you need to change your payment information or make any other changes to your membership status, i.e. adding an individual to a household or cancellation, we need 15 days WRITTEN notice prior to your draft date. Change of Information forms are available at Member Services.

Membership Hold Procedures

Your Y membership may be placed on hold due to medical issues or travel for a minimum of 1 month and maximum of 4 months during any calendar year. Hold forms are available at Member Services. The hold form must be submitted a minimum of 15 days prior to your next draft date.

Membership Transfers

The YMCA of Central Kentucky has 3 full facility branches. You can choose to be a member of one

branch (your home branch) or you can be a Citywide Member and have privileges at all 3 branches. If you have a single branch membership and wish to switch to a different branch, please fill out a Change of Information form. Your bank draft amount will be adjusted to reflect the rate at your new home branch.

Membership Cancellation

Membership cancellation requires a minimum of 15 days WRITTEN notice prior to your next draft. After receiving written notification, your electronic fund transfer will be cancelled. Please check your account statement to make sure your electronic fund transfer has been stopped. Annual members who cancel will have the balance of their membership fees refunded after receiving written notice of the cancellation. If you are moving to another community, submit your Y cancellation 15 days prior to your next draft date. We can provide you a letter of good standing to present to your new Y branch.



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

ALWAYS HERE FOR OUR COMMUNITY

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind & body for all.

Policies & Guidelines

Guest Passes

Your Y membership includes 5 guest passes (limit one guest pass per visit) per year to share with family and friends. You must accompany your guests at the time of their visit. Photo ID is required for all guests. Our hope is after their visit, your guest will want to join you as a Y member.

Behavior Policy

All adults and children using Y facilities should feel comfortable and have positive feelings about their participation as members, program participants and guests. Inappropriate behavior or language deemed to be in conflict with the welfare and safety of members and staff is strictly prohibited at Y facilities. Such behavior may take the form of cursing, abusive language, fighting, unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual or abusive nature. Additionally, persons who are under the influence of drugs or alcohol may be asked to leave the premises and may be subject to having their membership or participation privileges terminated. The Y also reserves the right to deny facility access or membership to any person who is a sexual offender or who has been convicted of any crime involving sexual abuse.

Revoked/Suspended Membership

The Y has the right to suspend or terminate a membership service if a member's behavior or language is judged to be in conflict with the welfare of other members or staff or in conflict with the Y's purpose and values. Any membership privilege that is revoked or suspended from one branch will result in suspension from all YMCA of Central Kentucky branches.

Profanity Policy

Profanity is strictly prohibited in our Y facilities and programs. Any member, program participant or guest who uses profanity will be asked to leave the facility. Repeated behavior will result in membership termination.

Child Supervision

- General: A **responsible member** at least 16 years of age must directly supervise any member under the age of 10 in all areas of the facility. The instructors and/or parents will monitor program participants during the duration of the class/program.
- Swimming: The following guidelines have been established for your health and safety in our swimming pools. All swimmers under the age of 10 must be accompanied in the pool area at all times by a responsible person at least 16 years of age. Any child, who cannot pass the deep-water test, must have the responsible person in the water supervising the child. Youth ages 10 –12 unable to pass the deep-water test must have a responsible person accompanying them on deck.
- Wellness: No one under age 10 is permitted in the wellness center. In the wellness center, youth ages 10 – 13 who have successfully completed the Youth Fitness Training Course will be permitted to use the adult weight equipment. Treadmills and free-weights are prohibited for youth ages 10 – 13.

www.ymcaofcentralky.org