



GYM SCHEDULE - High Street YMCA

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Pick Up 6:30-7:45 am	Open Gym 5:30-11:30 am	Adult Pick Up 6:30-7:45 am	Open Gym 5:30-11:30 am	Adult Pick Up 6:30-7:45 am	Open Gym 7 am—5:45 pm	Open Gym 10 am—8 pm
Open Gym 7:30-11:30 am		Open Gym 7:30-11:30 am		Open Gym 7:30-11:30 am	Youth Basketball 9 am—2 pm Jan 23-Feb 26	
Adult Pick Up 11:30am-1:30 pm	Adult Pick Up 11:30am-1:30 pm	Adult Pick Up 11:30am-1:30 pm	Adult Pick Up 11:30am-1:30 pm	Adult Pick Up 11:30am-1:30 pm		
Open Gym 1:30—9:45 pm	Open Gym 1:30—9:45 pm	Open Gym 1:30-4:30 pm	Open Gym 1:30—9:45 pm	Open Gym 1:30—8:45 pm		
		Y's Men Adult Pick Up 4:30—6:30 pm				
		Open Gym 6:30—9:45 pm				

- Open Gym: No full court basketball is to be played.
- Adult Pick-Up is for ages 15 and above to play pick-up games full court.



Fall Youth Basketball 2010

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Day	Time	Side A	Side B
Monday	6 pm		Lakers
	6:30 pm	Cavaliers	Lakers
	7 pm	Cavaliers	Hawks
	7:30 pm		Hawks
Tuesday	4 pm	6/7 Wildcats	
	5 pm	Wildcats	
	6 pm		Bulls
	6:30 pm	Celtics	Bulls
	7:00 pm	Cetlics	8-10 Wildcats
	7:30 pm		Wildcats
Wednesday	7-8 pm	Stars	
Thursday	5 pm	4/5 Wildcats	
	6 pm	Rockets	
	6:30 pm		Pacers
	7:00 pm	Lakers	Pacers
	7:30 pm	Lakers	
Friday	6 pm	Knicks	
	6:30 pm		