



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF CENTRAL KENTUCKY

Black Achievers

Announcements

* **Free Homework Help:** Carnegie Center, Tue & Wed 4-6pm, grades K-12

***March 12th** – Lift Conference at Transylvania University

***August 2011:** Black Achievers hold sessions at Lexington Traditional Magnet School (LTMS). Further information soon to come!

Black Achievers Calendar

February 12: Session 11 (Arts & Culture Day)

February 26: Session 12 "Winter Ball"

March 12: Session 13 LIFT Conference at Transylvania University

March 26: Session 14

April 4-8: FCPS Spring Break (College Tours)

April 9: Session 15 Youth Recognition at Transylvania University's W.T. Young Campus Center.

April 16: 26th Annual Honors and Awards Ceremony at the Marriot Griffin Gate Resort & Spa

Letter from Director

Greetings!

This month is an historical time as we celebrate our African American culture and heritage. We will involve the students by conducting workshops and giving performances during Arts

and Culture Day, moments in Black History at the beginning of every session, and celebrating the life and legacy of those that paved the way for us.

We also want to remind you of our upcoming special events including: Comedy

Night on Wednesday, February 9th at Comedy OFF Broadway, Winter Ball for high school students on February 26th, and our Annual Giving Campaign which raises dollars for financial assistance and more for the program.

Roxanne Brown

Arts and Culture Day!

Arts and Culture Day is a way for students to gain knowledge about their culture and artistic background.

This year's Arts and Culture Day will be full of exciting workshops such as creative writing, African drum, drama and many more aspects of art.

about Black History.

Arts and Culture Day will be during our regular session hours on Saturday, February 12th from 9 a.m.-12 p.m. at Tates Creek Middle School.

This day will be filled with fun and new-found knowledge of the African-American culture.

D-Mawl, a member of the musical group Nappy Roots will be performing a song

KyVonne Lackey
Henry Clay High
Junior



Arts and Culture Day 2010

Student Spotlight – Ashley Henderson

Ashley Henderson, a senior at Dunbar High School, first learned about Black Achievers through her friends who recommended it because of the fun times they had.

Ashley said, "I hope to gain leadership skills and a scholarship from participating in the program."

In the future, Ashley would like to attend the University of Louisville. She plans on studying to become an obstetrician/gynecologist (OBGYN). She said she would like to focus primarily on healthy baby deliveries.

Ashley was in the Dunbar marching band during her freshman and sophomore

years of high school and is now the president of FCCLA. When asked what she does in her spare time, she exclaims, "I love hanging out with my friends."

Lexus Miller
Dunbar High School
Junior

Winter Ball



Winter Ball 2010

Get ready for an evening of excitement and fun! The Black Achievers Winter Ball is near.

The Winter Ball gives students a chance to have a good time in a safe environment.

The Winter Ball is open to all high school students in Fayette and surrounding counties. It will be held at the Crowne Plaza (Campbell House) on Saturday, February 26th from 8 p.m.-12 a.m.

The Winter Ball has a dress code that will be enforced. No jeans can be worn. Ladies, dresses must be one inch above the knee or longer. Gentlemen must wear suits, tuxes, or dress slacks and dress shirt. Sweaters and vests are acceptable. Those who choose not to follow the dress code will not be allowed to enter.

Advance tickets are \$25.00 for singles and \$40.00 for

couples. Tickets will also be available at the door for \$30.00 per person.

For more information on this event, contact Roxanne Brown at (859) 367-7334 or see a Youth Advisory Board representative at your school.

A'riana Carter
Henry Clay High
Junior

Black History Month

Where did Black History Month come from? Carter G. Woodson, a historian and Harvard student graduating with his Ph.D, established "Negro History Week," which later became Black History Month.

Dr. Woodson wanted to recognize African-Americans because he noticed African-Americans were being ignored and overlooked.

Dr. Woodson chose the second week of February because Fredrick Douglas and Abraham Lincoln's birthdays are during that time and both impacted the African-American race positively.

Other significant dates that mark the reason Dr. Woodson chose February include: February 3rd, when the 15th amendment was passed, which prohibits all governments in the US from denying a citizen suffrage based

on that citizen's "race, color, or previous condition of servitude" (i.e., slavery); February 23, the birth date of W. E. B. DuBois; and February 23rd, the date Hiram R. Revels took his oath as the first black senator of the U.S.

Dr. Woodson showed the importance of African-American leaders who made a difference.

Francis Figgs
Bryan Station High School
Junior



Cluster Spotlight

Two young men who participate in the Engineering cluster explained the short term goals they plan on pursuing.

"I got in this cluster to learn about the engineering field," Timothy Baker said.

Another student in the cluster, Shawn Conner stated, "I plan on learning what it takes to be a successful engineer."

During our Saturday session on January 22nd the engineering cluster was working on a fun hands-on activity. They made

iPod stands out of Popsicle sticks and rubber bands.

Kapre Harris
Bryan Station High School
Junior

Valentines Day

This year Valentine's Day will be Monday, February 14th and many people will exchange cards, candy, flowers and gifts.

Ester A. Howland was the first person in America to create commercial greeting cards in the 1840's, and the oldest Valentine card is on display at the British Museum.

According to www.history.com Valentine's Day is named after St. Valentine, a priest who married couples in secret after Emperor Claudius banned marriage. After his actions were discovered, St. Valentine was sentenced to death.

Another legend says that

St. Valentine sent the first Valentine greeting while in prison after supposedly falling in love with the jailor's daughter.

Happy Valentine's Day!

Daveda Asbury
Bryan Station High
Junior

