

Gym Rules & Guidelines

- Family time is for families to spend quality time with one another. Smaller basketball goals, soccerballs and volleyballs will be out during this time.
- Children under 10 must be accompanied by an adult throughout the facility (including the basketball gym).
- Fighting and abusive language will not be tolerated.
- Return the basketballs to the rack when finished playing.
- Please keep the gym clean, throw away your trash.
- Security lockers are available at no charge. (The YMCA is not responsible for lost or stolen items.)

Pick-Up Game Rules

- Players must be at least 15 years old
- All games are 4 vs. 4
- Games are played to 12 win by 2
- Winners stay on
- Whoever has their name on the sign in board has next game.
- You may only sign your name on the board for one game at a time.
- If you put a fake name on the board, you will be asked to leave the basketball gym.

All other pick-up rules are posted in the Gym

Adult Volleyball

- We do offer co-ed adult volleyball games in our winter, spring and fall league.
- \$200 per team
- Each team must have 2 women on the court
- 6 game season with a single elimination tournament at the end

2010 Volleyball Sessions:

Sundays, Oct 17-Dec 12 (no games on Nov 28 for Thanksgiving weekend)
Registration is Sept 27-Oct 13



Beaumont Centre Family YMCA

3251 Beaumont Centre Circle

Lexington, KY 40513

859.219.9622

Register on-line at www.ymcaofcentralky.org

Beaumont Centre Family YMCA

Aug 2-29, 2010

Open Basketball & Gym Schedule



www.ymcaofcentralky.org

Family Gym

Gym A/B

Smaller basketball goals, soccer balls and volleyballs will be out during this time. Below are times available for family gym:

Monday

9:00am-4:00pm (Side B)

9:00am-9:45pm (Side A)

Tuesday

9:00am-4:00pm (Side B)

9:00am-9:45pm (Side A)

Wednesday

9:00am-4:00pm (Side B)

9:00am-9:45pm (Side A)

Thursday

9:00am-4:00pm (Side B)

9:00am-9:45pm (Side A)

Family Gym (con't)

Gym A/B

Friday

9:00am-4:00pm (Side B)

9:00am-9:45pm (Side A)

Saturday

9:00am-7:45pm (Side A)

Sunday

10:00am-7:45pm (Side A)



Classes and other programs will be in progress during times not listed on this schedule.

Gym Schedule is subject to change on short notice. Please check bulletin boards for updates.

Please review Family Gym & Pick Up Guidelines on other side.

Teen & Adult Pick Up

Gym B

Players must be at least 15 years old
All games are 4 vs. 4
Games are played to 12 win by 2

Monday

5:30am-9:00am

4:00pm-9:45pm

Tuesday

5:30am-9:00am

4:00pm-9:45pm

Wednesday

5:30am-9:00am

4:00pm-9:45pm

Thursday

5:30am-9:00am

4:00pm-9:45pm

Friday

5:30am-10:15am

3:00pm-9:45pm

Saturday

2:00-7:45pm

Sunday

10:00am-7:45pm