

Gym Rules & Guidelines

- Family time is for families to spend quality time with one another. Smaller basketball goals, soccerballs and volleyballs will be out during this time.
- Children under 10 must be accompanied by an adult throughout the facility (including the basketball gym).
- Fighting and abusive language will not be tolerated.
- Return the basketballs to the rack when finished playing.
- Please keep the gym clean, throw away your trash.
- Security lockers are available at no charge. (The YMCA is not responsible for lost or stolen items.)

Pick-Up Game Rules

- Players must be at least 15 years old
- All games are 4 vs. 4
- First game to 15, win by 2 points
- All other games are to 12 straight
- Winners stay on
- Whoever has their name on the sign in board has next game.
- You may only sign your name on the board for one game at a time.
- If you put a fake name on the board, you will be asked to leave the basketball gym.
- No foul language please

All other pick-up rules are posted in the Gym

Other group sports

- Pickleball, Tuesdays 9:30-11:30am on Side A; no registration is required
- Adult co-rec volleyball league Sundays Jan 8-Feb 26 from 3-8pm



Beaumont Centre Family YMCA
3251 Beaumont Centre Circle
Lexington, KY 40513
859.219.9622

Register on-line at www.ymcaofcentralky.org

Beaumont Centre Family YMCA

Jan 2-Feb 26, 2012

Open Basketball & Gym Schedule



www.ymcaofcentralky.org

Family/Open Gym

Smaller basketball goals, soccer balls and volleyballs will be out during this time. Below are times available for family/open gym:

Monday

10:30am-12:00pm (Side B)
2:00-6:00pm (Side B)
9:00am-4:00pm (Side A)
7:30-9:45pm (Side A)

Tuesday

9:00am-12:00pm (Side B)
2:00-4:00pm (Side B)
11:30am-5:00pm (Side A)
7:00-9:45pm (Side A)

Wednesday

9:00am-12:00pm (Side B)
2:00-4:00pm (Side B)
9:00am-4:00pm (Side A)
7:00-9:45pm (Side A)

Thursday

9:00am-12:00pm (Side B)

Family/Open Gym (con't)

Thursday (cont'd)

2:00-4:00pm (Side B)
9:00am-5:00pm (Side A)
7:00-9:45pm (Side A)

Friday

9:00am-12:00pm (Side B)
2:00-4:00pm (Side B)
9:00am-4:30pm (Side A)
6:30-9:45pm (Side A)

Saturday

5:30-7:45pm (Side A)

Sunday

10:00am-3:00pm (Side A)

Classes and other programs will be in progress during times not listed on this schedule.

Gym Schedule is subject to change on short notice. Please check bulletin boards for updates.

Please review Family/Open Gym & Pick Up Guidelines on other side.

Teen & Adult Pick-Up

Side B

Monday

5:30am-9:00am (Side A/B)
12:00-2:00pm
6:00pm-9:45pm

Tuesday

5:30am-9:00am (Side A/B)
12:00-2:00pm
4:00pm-9:45pm

Wednesday

5:30am-9:00am (Side A/B)
12:00-2:00pm
4:00pm-9:45pm

Thursday

5:30am-9:00am (Side A/B)
12:00-2:00pm
4:00pm-9:45pm

Friday

5:30am-9:00am (Side A/B)
12:00-2:00pm
3:00pm-9:45pm

Saturday

2:00-7:45pm

Sunday

10:00am-7:45pm