



Share Your YMCA Story

North Lexington Family YMCA
Celebrating 10 years of Impact

~ Martha Figg's Story ~

YMCA Member Since: August, 2000

I joined the YMCA because: "I wanted to participate in the group exercise classes offered at the Y."

I give to the YMCA because: "I really value the deep friendships I've made since joining the Y."



Such Wonderful Fellowship

"Being a member of the YMCA allows me a unique opportunity to fellowship with other women who share similar interest as I. Our daily fellowship has quickly grown into deep and meaningful friendships with people I probably would have never become acquainted with if it weren't for the Y.

In our yoga and water aerobic exercise classes we started a list of names and phone numbers of all of our participants and regularly contact each other outside of the classes at the Y. It's not unusual for us to visit one another in our homes and talk by phone when one of us can't make it to class.

The YMCA makes possible a very unique type of fellowship experience which involves sharing in the day to day activities, family and vacation stories and other happenings of our lives.

We normally end our time together at the Y each day sipping coffee and just visiting with each other after our classes."

